



	BREAKFAST—Cereal served everyday
1	NO SCHOOL
2	NO SCHOOL
3	Mini Bagel
4	Waffles
5	Yogurt—Granola
8	Biscuits and Gravy
9	Sausage Combo
10	Breakfast Burrito
11	Egg & Cheese Sausage Biscuit
12	French Toast Sticks
15	Blueberry Muffin
16	Mini Pancakes
17	Cinnamon Roll
18	Chicken Biscuit
19	Skillet Omelet and Toast
22	Sausage Pancake Stick
23	Scrambled Eggs and Toast
24	Mini Stuffed Bagel
25	Sausage, Egg and Cheese Biscuit
26	Pop tart
29	Pancake Sausage Link
30	Mini Chocolate Donuts

	LUNCH—ELEMENTARY
1	NO SCHOOL
2	NO SCHOOL
3	Spaghetti with Meat Sauce, Garlic Toast, Peas, Fruit
4	Turkey and Cheese Wrap, Chips, Green Beans, Fruit
5	Cheese Pizza, Salad, Fresh Veggies and Dip, Fruit
8	Toasted Ravioli, Breadstick, Marinara Sauce, Glazed Carrots, Fruit
9	Chicken Strips, Chips, Corn, Fruit
10	Meatball Sub, Tater Tots, Fruit, Cookie
11	Chicken Taco, Refried Beans, Corn, Fruit
12	Beef and Bean Burrito, Queso, Cowboy Beans, Fruit
15	Cheeseburger, Fries, Fruit, Cookie
16	Meatloaf, Mashed Potatoes w/Gravy, Peas, Fruit
17	Hot Ham & Cheese Sandwich, Chips, Glazed Carrots, Fruit
18	Super Nachos, Santa Fe Veggies, Fruit
19	Chicken Nuggets, Buttered Noodles, Green Beans, Fruit
22	Pulled Pork Sandwich, Fries, Fresh Veggies and Dip, Fruit
23	Chicken Sandwich, Baked Beans, Chips, Fruit
24	Salisbury Steak, Hot Roll, Mashed Potatoes, Gravy, Green Beans, Fruit
25	Corn Dog, California Veggies, Fruit, Cookie
26	Pizza, Lettuce Salad, Corn, Fruit
29	Chicken Alfredo, Garlic Breadstick, Broccoli and Dip, Fruit
30	Pig in a Blanket, Chips, Green Beans, Fruit

2023-2024 Meal Prices

	Breakfast	Lunch
EL	1.50	2.25

Extra Milk	.40
Reduced Brkfst	.30
Reduced Lunch	.40

Account Balances

You can track your child's meal account balances and purchases through our Parent Portal (see link on the homepage of the School website - www.cole.k12.mo.us). If you haven't signed up for the Parent Portal, applications are located on the school website, or stop by your child's school office and request an application.

MEAT ALTERNATIVE OR SALAD BAR EVERY DAY .

"In accordance with Federal Law and U.S. Department of Agriculture policy, this Institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 6329992 (Voice). Individuals



HIGH SCHOOL MENU

	BREAKFAST
1	NO SCHOOL
2	NO SCHOOL
3	Sausage, Egg, & Cheese Biscuit
4	Sausage Pancake Stick
5	Breakfast Pizza
8	Cinnamon Roll
9	Mini Stuffed Bagel
10	Waffles
11	Chocolate Chip Muffin
12	Yogurt & Granola
15	Breakfast Combo
16	Eggstravaganza
17	Breakfast Taco
18	Omelet
19	Egg & Sausage Biscuit
22	Scrambled Eggs & Toast
23	Biscuit & Gravy
24	Pop tart
25	Sausage Biscuit
26	Little Smokies & Hash browns
29	Breakfast Pizza
30	French Toast & Sausage

	LUNCH
1	NO SCHOOL
2	NO SCHOOL
3	Crispito, Beans, Corn & Fruit
4	Cheeseburger, French Fries, & Fruit
5	Pulled Pork Sandwich, Tater Tots, & Fruit
8	Turkey & Cheese Wrap, Chips, Green Beans, & Fruit
9	Spaghetti, Garlic Toast, Salad, Corn, & Fruit
10	Meatball sub, Cheesy Potatoes, & Fruit
11	Chicken Tenders, Broccoli & Rice, Biscuit, & Fruit
12	Cheese Pizza, Salad, Corn, & Fruit
15	Chicken Sandwich, Tater Tots, Carrots, & Fruit
16	Sloppy Joe, California Veggies, Fruit, & Cookie
17	Chicken Parmesan, Breadstick, Peas, & Fruit
18	Biscuit & Gravy, Sausage Patty, Hash browns, & Fruit
19	BBQ Rib Sandwich, Coleslaw, Green Beans, & Fruit
22	Chicken Quesadilla, Corn, Salad, & Fruit
23	Country Fried Steak, Mashed Potatoes, California Veggies, & Fruit
24	Pulled Pork Nachos, Carrots, & Fruit
25	Deli Sub, Chips, Mixed Veggies, & Fruit
26	Beef & Bean Burrito, Salad, Corn, & Fruit
29	Chicken & Rice, Breadstick, Green Beans, & Fruit
30	Corn dog, Mac & Cheese, Peas, & Fruit

2023-2024 Meal Prices

	Breakfast	Lunch
EL	1.50	2.25
MS	1.60	2.55
HS	1.60	2.55

Extra Milk	.40
Reduced Brkfst	.30
Reduced Lunch	.40



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